

NEW HORIZONS IN PLASTIC SURGERY



Put Your Best Face Forward

Skin care is an important part of facial rejuvenation and preservation of youth. Patients should use a facial cleanser twice daily to remove makeup and environmental products. Dr. Lowe recommends moisturizers which contain sunscreen, SPF 15 or higher. Patients may augment their skin care regimen with doctor prescribed retinoid medications such as Retin-A, Renova or Tazorac. Over time, these topical agents help reduce fine lines and irregularities in pigmentation.



INJECTABLE FILLERS AND BOTOX®

Botox® is a drug that blocks nerve transmission and relaxes the underlying muscles. It is excellent in the treatment of wrinkles caused by muscle movement (forehead, crow's feet and fine lines around the mouth). Botox® is a natural, purified protein which, in low doses has very little risk.

Treatment is a simple injection smoothes the deep, persistent lines particularly between your brows and eyes. The effects last for approximately 3-6 months.

Injectable fillers are naturally occurring or synthetic materials that can be added to depressions in the face. The fill materials most commonly used are: Restylane®, Hylaform®, Radiesse™ or fat (harvested from the patient).

Restylane® and Hylaform® are gel fillers that restore fullness to the skin to correct moderate facial wrinkles and folds, such as nasolabial folds. These new products have shown to restore fullness and provide a smoother contour to the face for 6



months or longer. Fillers are injected into the skin in tiny amounts by an ultrafine needle resulting in minimal discomfort for patients.

Radiesse™ is a soft tissue filler not currently FDA approved for cosmetic use in humans.

Radiesse™ is FDA approved for other uses and is considered safe in those applications. Studies have shown it to be a good way to treat deep wrinkles and other contour irregularities.

Fat grafting has been used

for a long time with success. Fat cells are harvested from the patient (usually abdomen or thighs) and packed to remove impurities and re-injected into the desired site through a small needle. It is best to have a frank discussion with your doctor to discuss what filler is right for you.

If you'd like to find out more information about facial rejuvenation contact Michelle — (314) 362-4263.

THE FACTS ON GETTING A FACELIFT

Some of the most visible signs of aging first appear on the face. Although the changes appear gradually, there may come a day when you look in the mirror and decide the face you see doesn't reflect the way you feel about yourself. Rhytidectomy,

or a facelift, can dramatically change your outlook on aging. While there are many variations to the facelift procedure, the incision is typically hidden in the natural contour around the earlobe and back into the hairline. Patients can expect an overnight stay in the

hospital and approximately 2 weeks for recovery. Once healing is complete, patients enjoy their refreshed and rejuvenated appearance.