



## Plastic Surgery & Dermatology Associates (PSDA)

### WOUND CARE INSTRUCTIONS

1. Avoid any trauma or stress which might suddenly “pull open” your surgical wound.
2. You may leave the wound open to air.  
or  
Cover your wound with a bandage for as instructed following the instructions below.
  - Twice a day cleanse around the wound with soap and water, gently pat dry. (Avoid soaking in bath or dishwasher).
  - Apply ointment as instructed to wound unless medical glue was used.
  - Cover with a new Band-Aid or appropriate dressing.
3. Patients with wounds treated with “medical glue” may clean the wound as needed and at least once a day. Avoid applying ointments to the glue for 5 days on the face and 10 days on the body. After the described period, message Vaseline once a day into the glue to allow for it to slowly release. As the glue falls off gentle assist in the cleaning the area and removing debris.
4. For pain, use Tylenol or Extra-Strength Tylenol; 2 tablets every 6 hours, or the medication regimen prescribed by your doctor.
5. For bleeding, cover the wound with gauze, then apply gentle but firm pressure for 15 minutes.
6. Please notify your physician if:
  - Significant bleeding that does not stop after 15 minutes of continuous pressure
  - Wound becomes red, swollen, hot, or is oozing
  - You develop a persistent fever over 101.5 F°
  - Severe pain not controlled by medications

**PSDA PHONE NUMBER:** (405) 749-4227

- Please call for all biopsy results if you have not heard from us within 2 weeks.
- Please feel free to call us at any time if you have questions or problems.