



## Plastic Surgery & Dermatology Associates (PSDA)

### Dr. Lowe's Instructions for: CARE OF YOUR NIPPLE TATTOO

1. After 24 hours, the dressing may be removed and showers can be resumed. Do not scrub the area, wash with soap or allow a hard shower stream to hit it. Simply let the water run over it softly and pat gently with a towel. Apply triple antibiotic ointment and cover with a Telfa pad. This should be done once a day for 5 days.
2. There may or may not be scabbing. If there is a scab present, **DO NOT** pick it loose. Simply continue to apply the triple antibiotic ointment and Telfa pads until the scab is gone.
3. To avoid irritation from bras or undergarments, the Telfa pad may be worn until the area is completely healed.
4. Call the office if you experience undue pain, redness around the breast area outside of the tattoo, bleeding or drainage. The tattoo area will look red at first with a small amount oozing which should scab over within 2 days.
5. At first the tattoo will look much darker or redder than the color originally chosen. The actual color will be lighter and more apparent as the area heals. In some instances the tattoo will have to be touched up because the colors absorb differently on everyone and the skin being tattooed is different than the skin of the natural breast areola.
6. You will be given the supplies necessary to care for your tattoo at home prior to leaving the office.
7. A follow-up visit will be scheduled as your doctor requests.

jbl